

Extension Activities: 2020-21

Extension and Outreach activities conducted during the year 2020-21

S.NO	Name of the activity	Organising unit/ Forum/ collaborating agency	Date of the activity	Number of students participated in such activities	Link to navigate event report
1	Feeding Stray dogs	Rotaract Club, Prestige Institute of Management and Research, Gwalior	23.09.2020	80	Feeding Stray dogs
2	Distribution of Gifts to Aanganwadi kids	Rotaract Club, Prestige Institute of Management and Research, Gwalior	17.11.2021	20	Distribution of Gifts to Aanganwadi kids
3	Ozone day [plantation]	Rotaract Club, Prestige Institute of Management and Research, Gwalior	16.09.2020	25	Ozone day [plantation]
4	Beware of Cancer	Rotaract Club, Prestige Institute of Management and Research, Gwalior	22.09.2020	15	Beware of Cancer
5	Dhadkan	Rotaract Club, Prestige Institute of Management and Research, Gwalior	29.09.2020	30	Dhadkan
6	Donation drive - daan utsav	Rotaract Club, Prestige Institute of Management and Research, Gwalior	22.10.2020	25	Donation drive - daan utsav
7	Mask distribution drive	Rotaract Club, Prestige Institute of Management and Research, Gwalior	03.11.2020	200	Mask distribution drive
8	Best out of waste material	Rotaract Club, Prestige Institute of Management and Research, Gwalior	17.11.2020	17	Best out of waste material
9	Fight violence against women (Poster Making)	Rotaract Club, Prestige Institute of Management and Research, Gwalior	30.11.2020	5	Fight violence against women (Poster Making)
10	Webinar on cancer prevention	Rotaract Club, Prestige Institute of Management and Research, Gwalior	30.12.2020	35	Webinar on cancer prevention
11	Independence day celebration in Aanganwadi	Rotaract Club, Prestige Institute of Management and Research, Gwalior	15.08.2020	20	Independence Day celebration in Aanganwadi
12	Poster Making on protection of women rights	Rotaract Club, Prestige Institute of Management and Research, Gwalior	08.03.2021	30	Poster Making on protection of women rights
13	Vriksharopan	3 MP Girls BN NCC GWL	03.07.2020	22	Vriksharopan
14	International Day of Yoga	3 MP Girls BN NCC GWL	07.08.2020	25	International Day of Yoga

15	Poster making on Beti bachao, Beti Padhao	3 MP Girls BN NCC GWL	06. 01.2021	20	Poster making on Beti bachao, Beti Padhao
16	Environmental awareness through Posters and Slogans	3 MP Girls BN NCC GWL	10. 02.2021	15	Environmental awareness through Posters and Slogans
17	Swachhta abhiyaan	3 MP Girls BN NCC GWL	22. 04.2021	20	Swachhta abhiyaan
18	Herbal Plantation "Arogya Vatika"	Rotaract Club, Prestige Institute of Management and Research, Gwalior	23.11.2020	40	herbal plantation "Arogya Vatika"
19	Chahak 2.0	Rotaract Club, Prestige Institute of Management and Research, Gwalior	10.06.2021	65	Chahak 2.0
20	International Family Day	Rotaract Club, Prestige Institute of Management and Research, Gwalior	15-05-2021	9	International Family Day
21	Prayas woollen cloth collection and Distribution Drive	Rotaract Club, Prestige Institute of Management and Research, Gwalior	13.01.2021	25	Prayas woollen cloth collection and Distribution Drive
22	SAHYOG-stationary distribution drive	Rotaract Club, Prestige Institute of Management and Research, Gwalior	27.01.2021	25	SAHYOG-stationary distribution drive

Name of activity : Feeding stray dogs

Name of Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of event: 23-09-2020

No of students participated:80

About activity

The Stray Dog Feeding initiative, organized by the Rotaract Club of Prestige, Gwalior, on September 23, 2020, demonstrated the club's commitment to animal welfare and compassion for the stray dog population in the community. A total of 80 students actively participated in the event, showcasing their dedication to creating a positive impact on the lives of animals. The collaborative agency, the Rotaract Club of Prestige, Gwalior, played a central role in coordinating the initiative, fostering a sense of responsibility and empathy among the participants.

The event began with a brief orientation on the importance of caring for stray dogs and the positive impact of feeding programs on their well-being. The students, equipped with food and water, ventured into different areas of the community where stray dogs are often found.

The collaborative effort aimed not only to provide sustenance to the stray dogs but also to raise awareness about the importance of humane treatment towards animals. The students actively engaged with the community, encouraging responsible behavior and dispelling myths surrounding stray dogs.

The Rotaract Club of Prestige, Gwalior, demonstrated commendable teamwork and a sense of social responsibility throughout the Stray Dog Feeding initiative. The event highlighted the club's dedication to fostering a compassionate and caring community.

In conclusion, the Stray Dog Feeding event was a heartfelt endeavor by the Rotaract Club of Prestige, Gwalior, to make a positive impact on the lives of stray dogs in the community. The collaboration of 80 students not only provided immediate relief to the animals but also contributed to a culture of empathy and responsible animal care within the community.

Event Photographs



Glimpses of Feeding Stray dogs



Glimpses of Feeding Stray dogs

Report Submitted by:



Mr. Abhay Dubey

Faculty Coordinator



Glimpses of Feeding Stray dogs

Name of event: Distribution of Gifts to Aanganwadi kids

Date of event: 14-11-2021

Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Number of students participated: 20

About the activity

The Children's Day Celebration at Aanganwadi and Slum Areas, organized by the Rotaract Club of Prestige, Gwalior, on November 14, 2021, was a heartwarming initiative that brought joy and smiles to the faces of young children in the community.

A total of 20 students actively participated in the event, embodying the spirit of service and community engagement. The collaborative agency, the Rotaract Club of Prestige, Gwalior played a central role in orchestrating the celebration, creating a memorable experience for the children.

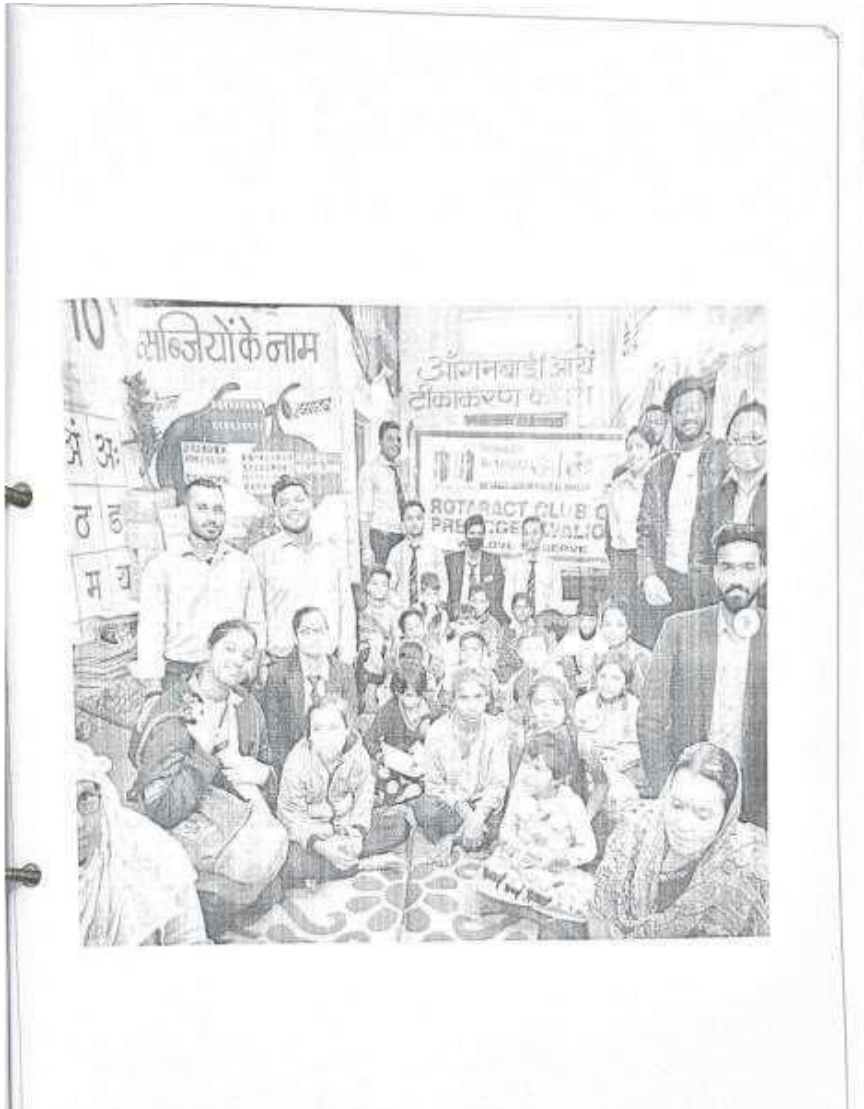
The event kicked off with engaging activities at Aanganwadi, including storytelling, games, and creative arts and crafts. The students from the Rotaract Club facilitated a lively and educational atmosphere, fostering a sense of joy and camaraderie among the young children.

Following the Aanganwadi celebration, the students extended their outreach to slum areas, ensuring that the festivities reached a broader audience. The collaborative effort aimed not only to celebrate Children's Day but also to bring attention to the needs and aspirations of children in underprivileged communities.

The Rotaract Club of Prestige, Gwalior, showcased commendable teamwork and dedication throughout the Children's Day Celebration. Their commitment to making a positive impact on the lives of children was evident in the thoughtful planning and execution of the event.

In conclusion, the Children's Day Celebration at Aanganwadi and Slum Areas was a heartening and inclusive event that exemplified the Rotaract Club of Prestige, Gwalior's dedication to community service. The collaborative effort of 20 students not only brought smiles to the faces of the children but also emphasized the importance of creating moments of joy and celebration for all, irrespective of their backgrounds.

Event Photographs



Glimpses of Distribution of Gifts to Aanganwadi kids



Glimpses of Distribution of Gifts to Aanganwadi kids



Glimpses of Distribution of Gifts to Aanganwadi kids

Report Submitted by:

A handwritten signature in blue ink, consisting of a stylized 'A' followed by a horizontal line and a small flourish.

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Ozone day [plantation]

Name of Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 16.09.2020

No of students Participated: 25

About the activity: The Ozone Day Plantation Activity, organized in collaboration with the Rotaract Club of Prestige on September 16, 2020, aimed to raise awareness about environmental conservation and contribute to the ongoing efforts to protect the ozone layer.

Objective: The primary objective of the event was to encourage students to actively participate in environmental sustainability by planting trees on Ozone Day. This initiative aimed to highlight the crucial role of trees in preserving the ozone layer and mitigating climate change.

Event Highlights:

1. **Tree Plantation Drive:** The event commenced with a tree plantation drive where participants, equipped with saplings and gardening tools, actively took part in planting trees within the designated area. This hands-on activity emphasized the importance of individual contributions to environmental conservation.
2. **Awareness Session:** The Rotaract Club of Prestige organized a brief awareness session, educating participants about the significance of Ozone Day, the impact of tree planting on the environment, and the role of the ozone layer in protecting life on Earth.
3. **Collaborative Efforts:** The collaboration with the Rotaract Club of Prestige facilitated effective planning and execution of the activity. The club's dedication to community service and environmental causes greatly enhanced the impact of the event.

Conclusion: The Ozone Day Plantation Activity successfully engaged students in a meaningful environmental initiative. Through hands-on participation and awareness-building, the event not only promoted a sense of environmental responsibility but also strengthened the bond between participants and nature.

Event Photographs



Glimpses of Plantation activity

Report Submitted by:

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Beware of Cancer

Name of Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 22.09.2020

No of students Participated: 15

About the activity: The World Rose Day - Beware of Cancer (Poster Making) activity, held in collaboration with the Rotaract Club of Prestige on September 22, 2020, aimed to harness the creative talents of students to spread awareness about cancer, its prevention, and the importance of supporting those affected.

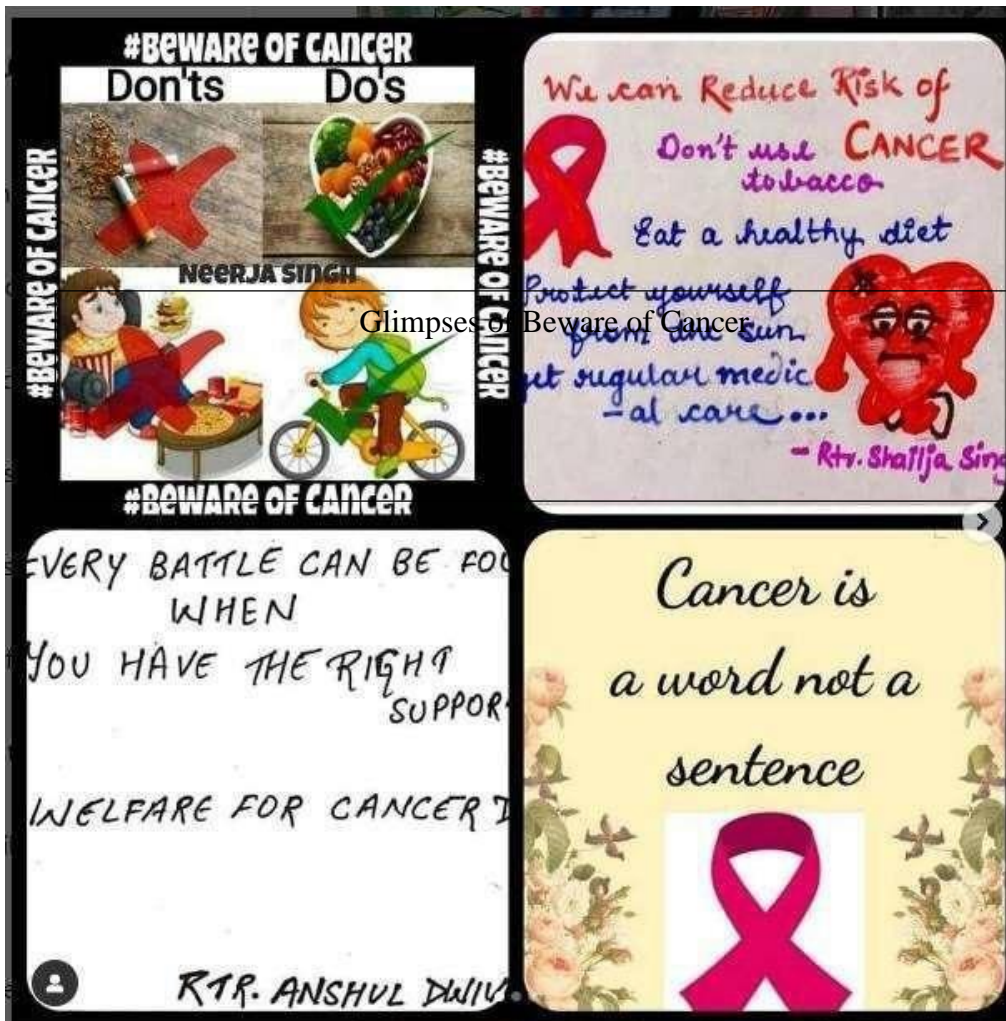
Objective: The primary objective of the event was to use art as a medium to communicate important messages about cancer awareness and support. The collaboration with the Rotaract Club of Prestige added value to the initiative, combining artistic expression with a commitment to community service.

Event Highlights:

1. **Poster Making Session:** Participants engaged in a creative poster-making session, where they used colors, images, and slogans to convey powerful messages related to cancer awareness. The posters focused on themes such as early detection, healthy living, and supporting cancer patients.
2. **Exhibition and Judging:** The created posters were displayed in an exhibition, allowing participants to showcase their artistic expressions. A judging panel, comprising members from the Rotaract Club of Prestige and artistic professionals, evaluated the posters based on creativity, clarity of message, and overall impact.
3. **Awareness Spread:** The posters served as visual aids to communicate important information about cancer to a wider audience. Participants actively shared their creations on social media platforms, contributing to the broader dissemination of cancer awareness messages.

Conclusion: The Poster Making activity successfully combined artistic expression with a vital message, spreading cancer awareness within the community. The collaboration with the Rotaract Club of Prestige not only enriched the event but also fostered a sense of social responsibility among the participants.

Event Photographs



Glimpses of Beware of Cancer

Report Submitted by:

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Dhadkan

Name of Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 29.09.2020

No of students Participated: 30

About the activity:

Introduction: The World Heart Day - Dhadkan event, conducted in collaboration with the Rotaract Club of Prestige, Gwalior on September 29, 2020, aimed to promote cardiovascular health awareness among students and the wider community.

Objective: The primary objective of the event was to raise awareness about heart health, encourage healthy lifestyle choices, and educate participants about the importance of cardiovascular well-being. The collaboration with the Rotaract Club of Prestige, Gwalior added strength to the initiative, emphasizing community health through service.

Event Highlights:

1. **Health Workshops:** The event began with informative health workshops conducted by healthcare professionals and experts. These sessions covered topics such as heart-healthy diets, regular exercise, stress management, and the importance of routine check-ups.
2. **Fitness Activities:** Participants engaged in various fitness activities, including yoga sessions and cardio exercises, promoting physical activity as a key component of heart health. These activities aimed to encourage a proactive approach to maintaining cardiovascular well-being.
3. **Awareness Drive:** The Rotaract Club of Prestige, Gwalior actively participated in an awareness drive, distributing informational pamphlets and conducting brief presentations on heart health in public spaces. This outreach initiative sought to extend the impact of the event beyond the participants to the broader community.

Conclusion: The Dhadkan event successfully created an atmosphere of awareness and action towards heart health. Through workshops, fitness activities, and community outreach, participants were empowered to make informed decisions for a heart-healthy lifestyle.

Event Photographs

The poster is set against a red background. At the top left, it features the Rotaract logo and the text 'ROTARACT CLUB OF PRESTIGE, GWALIOR'. To its right is the Rotary logo with the tagline 'Rotary Opens Opportunities'. Further right is a small graphic of four vertical bars in red, yellow, and blue. On the far right is a small framed image of a person in a red silhouette jumping over a bar, with the text 'WORLD HEART DAY' and '29th Sep, Worldwide Event' below it.

The central graphic is a white-bordered poster with a red background. It features a grid of icons on the left representing various health and fitness concepts. In the center, a man is shown in a running pose and a woman is performing a handstand. The text 'Heart DIALOGUE 2020' is in the top right corner of this graphic. Below the illustrations, it reads 'Fitness for a Healthy Heart'. At the bottom of the graphic, it says 'TUESDAY 29TH SEPTEMBER 2020 12PM WAT'.

To the right of the central graphic, the following text is displayed in white on the red background:

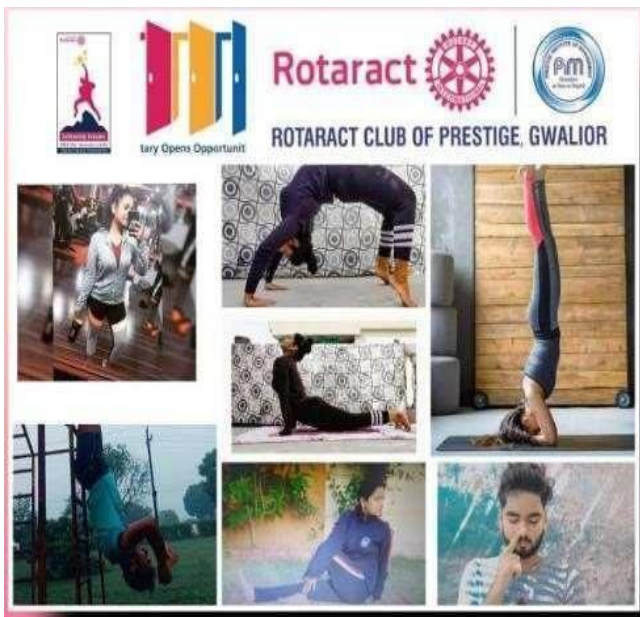
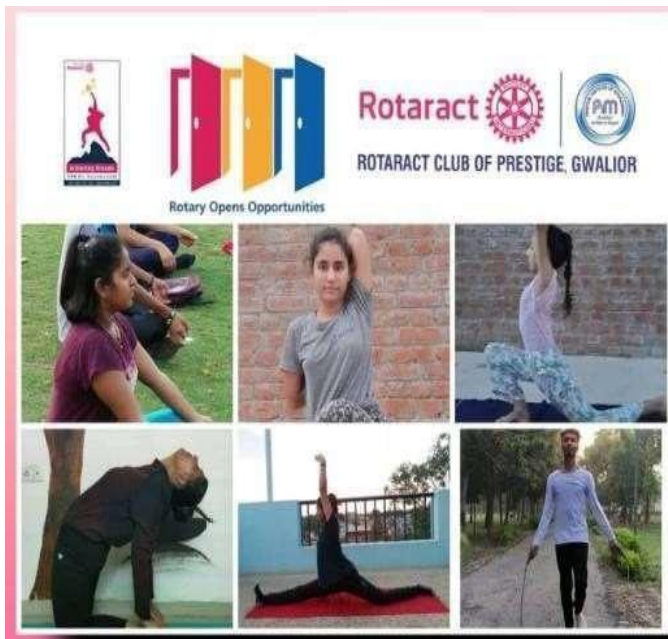
**RTR.SHALJA SINGH
PRESIDENT**

**RTR.JANSHUL DWIVEDI
COORDINATOR
9711513058**

**RTR.HRISHABH JAIN
COORDINATOR
8109903013**

At the bottom of the entire poster, the text 'DHADKAN WORLD HEART DAY' is written in large, bold, white letters with a black outline.

Event poster: Dhadkan



Glimpses of Dhadkan

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Donation Drive: Daan Utsav

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 22.10.2020

Number of Participants: 25 students

About the activity:

Introduction: Daan Utsav, celebrated in collaboration with the Rotaract Club of Prestige on October 22, 2020, aimed to promote the spirit of giving and philanthropy among students. The event sought to engage participants in acts of kindness, generosity, and community service.

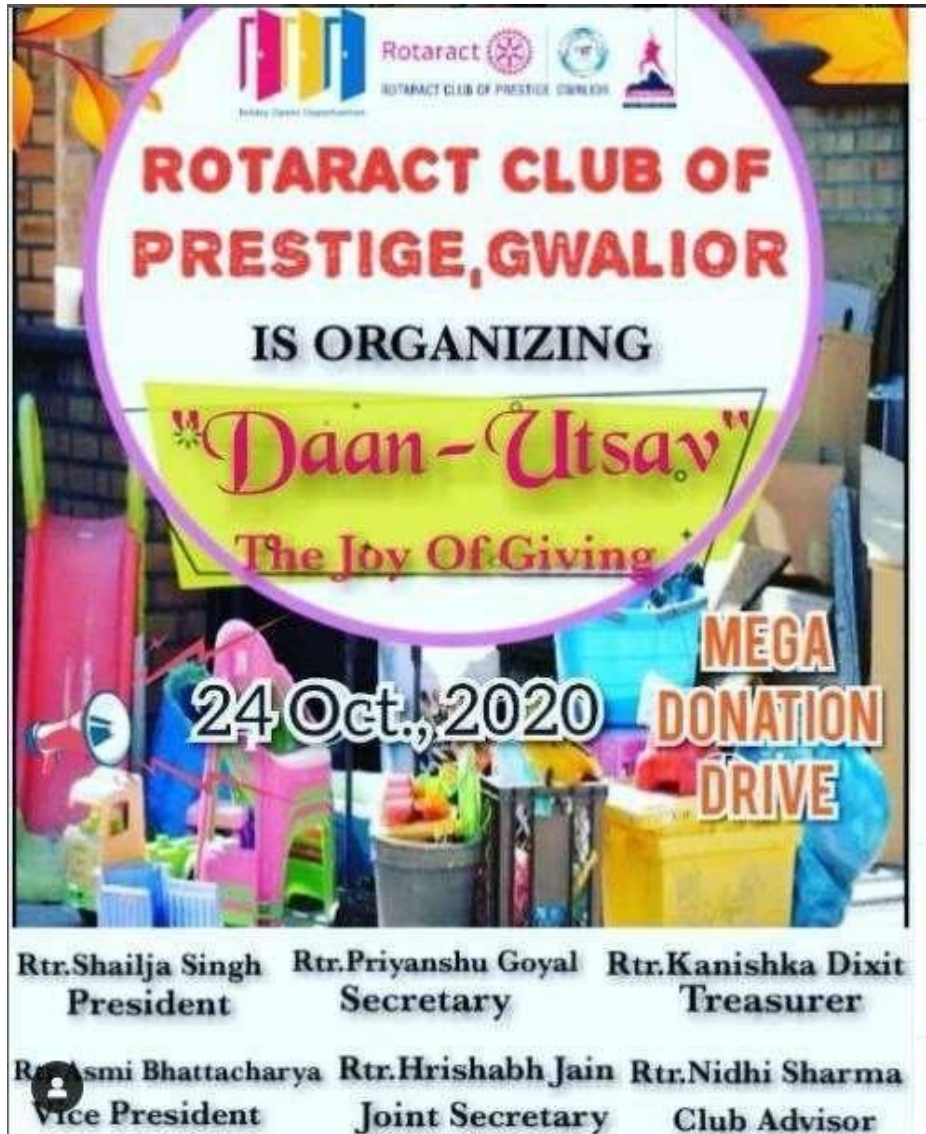
Objective: The primary objective of the event was to celebrate the joy of giving by encouraging participants to contribute to the welfare of others. Collaborating with the Rotaract Club of Prestige, the event aimed to instill a sense of social responsibility and create a positive impact within the community.

Event Highlights:

1. **Donation Drive:** Participants actively engaged in a donation drive, collecting essential items such as clothing, non-perishable food items, and hygiene products. The items collected were intended to be distributed to those in need within the local community.
2. **Community Outreach:** The Rotaract Club of Prestige organized community outreach activities, where participants had the opportunity to interact with local residents, understand their needs, and offer support. These interactions facilitated a sense of connection and empathy.
3. **Awareness Campaigns:** To promote the spirit of Daan Utsav, participants conducted awareness campaigns within the community and on social media platforms. The campaigns aimed to inspire others to join the movement and spread kindness and generosity.

Conclusion: Daan Utsav successfully brought together students in a celebration of giving and compassion. Through donation drives, community outreach, and awareness campaigns, participants actively contributed to the well-being of others, fostering a culture of generosity and social responsibility.

Event Photographs



Glimpses of Daan Utsav



Glimpses of Daan Utsav



Glimpses of Daan Utsav



Glimpses of Daan Utsav



Glimpses of Daan Utsav



Glimpses of Daan Utsav

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Mask Distribution Drive

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 03.11.2020

Number of Participants: 200 students

About the activity:

Introduction: The Mask Distribution Drive, in collaboration with the Rotaract Club of Prestige, Gwalior on November 3, 2020, addressed the crucial need for promoting public health and safety during the ongoing global pandemic. The event aimed to distribute masks to the community to encourage responsible practices and curb the spread of COVID-19.

Objective: The primary objective of the event was to contribute to public health by providing free masks to community members. Collaborating with the Rotaract Club of Prestige, Gwalior the drive aimed to raise awareness about the importance of wearing masks and maintaining safety protocols.

Event Highlights:

1. **Mask Distribution:** Participants actively engaged in the distribution of masks in high-traffic areas, public spaces, and areas with limited access to protective gear. The distribution drive emphasized the significance of adopting preventive measures to protect oneself and others.
2. **Educational Outreach:** The Rotaract Club of Prestige, Gwalior organized educational sessions on proper mask usage, hand hygiene, and the importance of maintaining physical distance. These outreach efforts aimed to ensure that the community not only received masks but also understood their effective use.
3. **Collaborative Efforts:** With 200 students participating, the event showcased the strength of collective efforts in addressing public health concerns. The collaboration with the Rotaract Club of Prestige, Gwalior enabled a well-organized and impactful distribution drive.

Conclusion: The Mask Distribution Drive successfully addressed a critical need within the community by providing essential protective gear during the ongoing pandemic. Through the distribution of masks and educational outreach, the event emphasized the importance of individual responsibility in mitigating the spread of COVID-19.

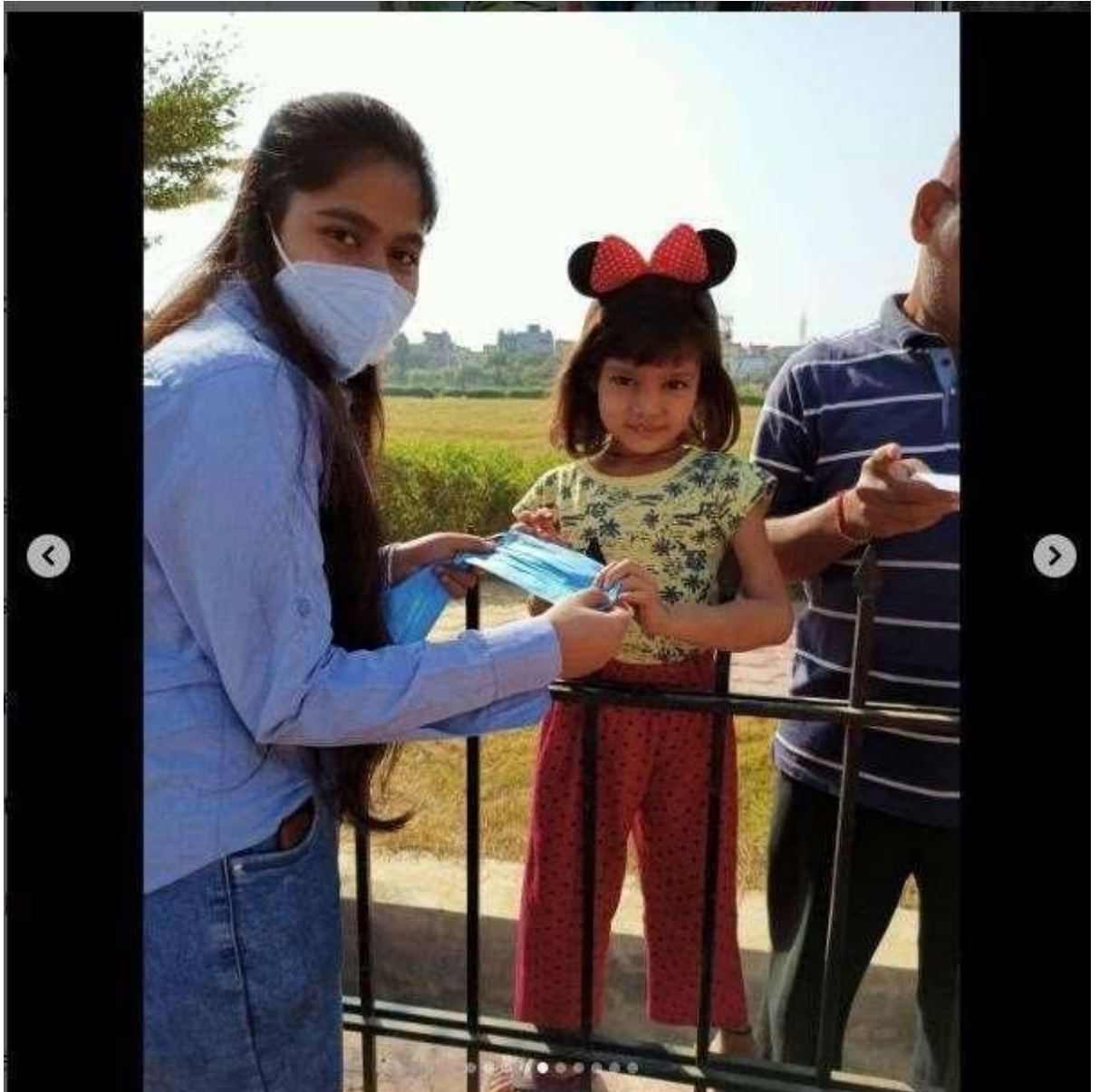
Event Photographs



Glimpses of Mask Distribution Drive



Glimpses of Mask Distribution Drive



Glimpses of Mask Distribution Drive



Glimpses of Mask Distribution Drive

Report Submitted by:

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Best out of waste material

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 17.11.2020

Number of Participants: 17 students

About the activity:

Introduction: The "Best Out of Waste Material" activity, organized in collaboration with the Rotaract Club of Prestige on November 17, 2020, aimed to promote creativity, environmental consciousness, and the importance of recycling. Participants were encouraged to repurpose discarded materials into innovative and artistic creations.

Objective: The primary objective of the event was to inspire participants to think creatively and consider the environmental impact of waste. In collaboration with the Rotaract Club of Prestige, the activity aimed to foster a sense of responsibility towards sustainable practices.

Event Highlights:

1. **Workshop and Guidance:** The event began with a workshop providing guidance on creative ways to transform waste materials into useful and aesthetically pleasing items. Participants received tips on upcycling and were encouraged to explore their artistic potential.
2. **Creation Showcase:** Participants actively engaged in creating artwork using a variety of waste materials, showcasing their ingenuity. The creations ranged from decorative items to functional pieces, highlighting the potential of repurposing materials that would otherwise be discarded.
3. **Judging and Recognition:** A judging panel, comprising members of the Rotaract Club of Prestige and creative professionals, evaluated the creations based on creativity, innovation, and adherence to the concept of upcycling. Recognition and appreciation were given to outstanding works.

Conclusion: The activity successfully achieved its goal of promoting creativity and environmental consciousness. Participants not only showcased their artistic skills but also gained insights into the potential of waste materials when approached with a creative mindset.

Event Photographs



Glimpses of Best out of waste material Activity

Report Submitted by:

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Fight violence against women (Poster Making)

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 30.11.2020

Number of Participants: 05 students

Introduction: The "Fight Violence Against Women - Poster Making" activity, held in collaboration with the Rotaract Club of Prestige, Gwalior on November 30, 2020, aimed to raise awareness about the critical issue of violence against women. Through artistic expression, participants sought to convey powerful messages advocating for the eradication of violence against women.

Objective: The primary objective of the event was to utilize the medium of poster making to bring attention to the prevalent issue of violence against women and to advocate for the importance of creating a safe and supportive environment. Collaborating with the Rotaract Club of Prestige, Gwalior the activity aimed to amplify the voices against gender-based violence.

Event Highlights:

1. **Poster Creation:** Participants engaged in the creative process of designing posters that visually conveyed messages of solidarity, empowerment, and the urgent need to combat violence against women. The posters served as a means of artistic expression to evoke emotions and inspire change.
2. **Message Reinforcement:** The Rotaract Club of Prestige, Gwalior facilitated discussions and provided background information on the gravity of violence against women, emphasizing the role of education and awareness in addressing this societal issue. The event aimed to reinforce the importance of community support in combating gender-based violence.
3. **Awareness Campaign:** The posters created during the activity were utilized in an awareness campaign, displayed in prominent areas within the community, and shared on social media platforms. This multi-channel approach aimed to broaden the reach of the message and encourage conversations around preventing violence against women.

Conclusion: The activity successfully combined artistic expression with a powerful message, advocating for the end of violence against women. Through poster creation and awareness campaigns, participants actively contributed to the ongoing dialogue about creating safer communities for women.

Event Photographs



ROTARACT CLUB OF PRESTIGE, GWALIOR



Rotary Opens Opportunities



A feeling of despair, grotesque as it was,
On the isolate floor lay a broken vase of
glass.
Precise vigil suggested, it had traces of red
blood,
Beside it was laying, a woman that shivered,
Her hair being caressed by flowing clotting
tear,
Those eyes used to twinkle, which now is
filled with fear.
Sobbing with an unheard pitch, wishing god
for her extinction,
Sornolent of her pain, she felt as her soul
was in prison!

- Sagar Kumar



एक ऐसी कहानी,
जो मेरी, तुम्हारी
सबकी है, जो नारी है।

• 'पूरे मोहल्ले में बर्फी बतवाएँगे,
मुन्ने का नाम सुरज रखेंगे।'

• ग्रभ की दीवार से
मेरे पनपते हुए जिस्म का,
ये सुनकर,
बाहर आना, बहुत भारी है।

• उग्र के हर पड़ाव पर,
कड़वापन झेलना,
अब भी तो जारी है।।

• 'अरे कपड़े पूरे पहनो,
इफ़ज़त हो घर की'

'कम बोली लड़की हो'

• सबाल करने का हक़ नहीं,
जवाब सुनना भी उनको नहीं,
बराबत पे उतरी तो,
ना ये लड़कियों की कहानी नहीं।।

• हर जगह समझोते से घिरे रहे,
पीड़ा, ज़रूरत हक़ सभ्री दफ़न होते रहे,
सबसे धक़ कर कमज़ोर पड़ जाओ तब भी,
जुबां अपनी हिलानी नहीं।

• खूब सुरती का इस्तेहान भी देना,
हसिले की उज़ान भरनी हो तब भी
इस सृष्टि में क़दम रखने से लेकर,
विदा लेने के समय भी,
जुल्म सहकर, इल्ज़ाम भी झुद पे ही।।

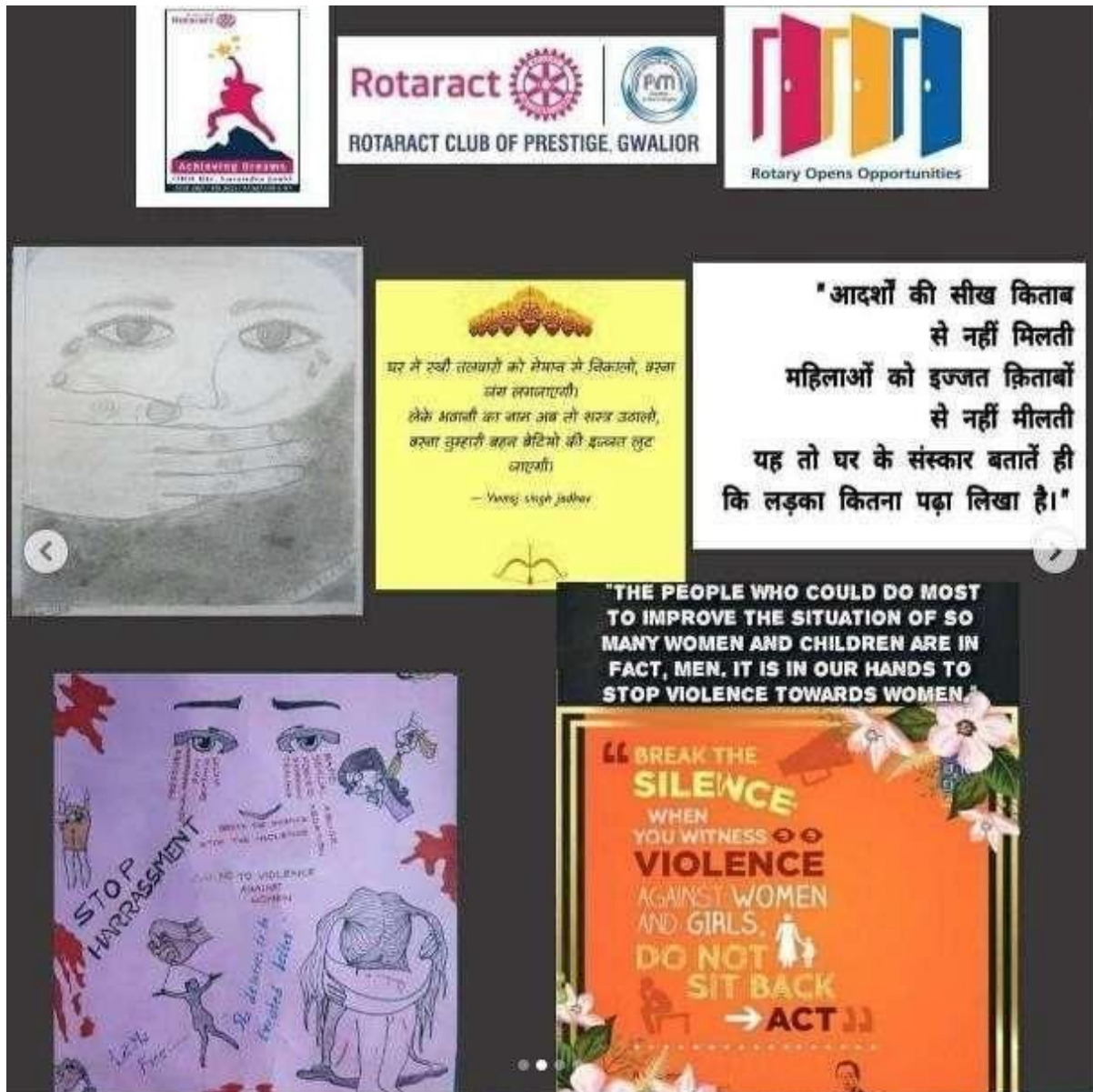
• 'लड़की हो तब जाओगी तो कुछ नहीं होगा!'

• माना झुकना कोई बुरा नहीं,
सिर्फ़ लड़की हो, ये वजह सही नहीं।



**"नारी के सम्मान
में ही हैं
पुरुषत्व की**

Glimpses of Poster Making



Glimpses of Poster Making



Glimpses of Poster Making

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Webinar on Cancer Prevention

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 30.12.2020

Number of Participants: 35 students

Introduction: The "Webinar on Cancer Prevention," organized in collaboration with the Rotaract Club of Prestige, Gwalior on December 30, 2020, aimed to educate and empower participants with knowledge about cancer prevention strategies. The event focused on raising awareness about lifestyle choices, early detection, and overall well-being.

Objective: The primary objective of the webinar was to disseminate crucial information on cancer prevention, emphasizing the role of a healthy lifestyle, regular screenings, and awareness in reducing the risk of cancer. Collaborating with the Rotaract Club of Prestige, Gwalior the activity aimed to empower participants to make informed choices for their health.

Event Highlights:

1. **Expert Presentations:** The webinar featured expert presentations from healthcare professionals and specialists in the field of oncology. Speakers shared insights into the latest developments in cancer prevention, emphasizing the importance of early detection and lifestyle modifications.
2. **Interactive Q&A Session:** Participants actively engaged in an interactive question-and-answer session, where they had the opportunity to seek clarification on cancer-related concerns and gain personalized insights from the experts. This interactive format facilitated a more comprehensive understanding of the topic.
3. **Awareness Campaign:** The Rotaract Club of Prestige organized an awareness campaign in conjunction with the webinar, disseminating information about cancer prevention through social media platforms and community outreach. This multi-channel approach aimed to extend the impact of the event beyond the participants.

Conclusion: The webinar successfully achieved its goal of spreading awareness about cancer prevention strategies. Through expert presentations, interactive sessions, and awareness campaigns, participants gained valuable insights into proactive measures for reducing the risk of cancer.

Event Photographs

SANJEEVANI
Life Beyond Cancer

Ruby Ahluwalia
Founder
Sanjeevani LBC

Rotaract  
ROTARACT CLUB OF PRESTIGE, GWALIOR

#CancerFreeIndia
ROTARACT CLUB OF PRESTIGE GWALIOR IN
COLLABORATION WITH
SANJEEVANI LIFE BEYOND CANCER
ORGANISES A WEBINAR ON
CANCER PREVENTION
AND HEALTHY LIFESTYLE


Prof. Abhay Dubey
(Faculty Coordinator of Club)


Rtr. Shalja Singh (President)
Rotaract Club of Prestige Gwalior

*****Join the movement of making India Cancer Free*****

 JOIN US ON ZOOM
Time: Dec 30, 2020
Thursday 05:00 PM
Wednesday
Meeting ID: 990 524 4560
Passcode: 644438

 With Florina Singh
Speaker Sanjeevani
Life Beyond Cancer

E-certificates will be issued to
the participants and the
Quiz Winners will get a goodie from
Sanjeevani LBC!

 Program Coordinated by
Jahanni Sanjeevani
Life Beyond Cancer Intern

Glimpses of Webinar on Cancer Prevention

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Independence day celebration in Aanganwadi

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 15.08.2020

Number of Participants: 15 students

Introduction: The "Independence Day Celebration in Aanganwadi," organized in collaboration with the Rotaract Club of Prestige, Gwalior on August 15, 2020, aimed to commemorate India's Independence Day with children from the Aanganwadi center. The event focused on instilling a sense of patriotism and fostering a spirit of unity and inclusivity.

Objective: The primary objective of the event was to celebrate Independence Day with the children of Aanganwadi, introducing them to the significance of the day and fostering a sense of national pride. Collaborating with the Rotaract Club of Prestige, Gwalior the activity aimed to create a memorable and educational experience for the young participants.

Event Highlights:

1. **Flag Hoisting Ceremony:** The event commenced with a flag hoisting ceremony, where the national flag was unfurled in the presence of the children. This symbolic gesture aimed to instill a sense of patriotism and pride in the hearts of the young participants.
2. **Cultural Performances:** Students from the Rotaract Club of Prestige, Gwalior organized cultural performances, including patriotic songs, dances, and skits, to entertain and educate the children about India's rich cultural heritage and the importance of Independence Day.
3. **Distribution of Goodies:** As a gesture of celebration, the Rotaract Club of Prestige, Gwalior distributed goodies, snacks, and small gifts to the children. This act aimed to spread joy and create a festive atmosphere during the Independence Day celebration.

Conclusion: The Independence Day Celebration in Aanganwadi successfully achieved its goal of imparting a sense of patriotism and joy to the children. Through flag hoisting, cultural performances, and the distribution of goodies, the event created a memorable experience that celebrated the spirit of independence and unity.

Event Photographs



Glimpses of Independence day celebration in Aanganwadi

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Poster Making on protection of women rights

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date: 08.03.2021

Number of Participants: 30 students

Introduction: The "Women's Day Celebration - Poster Making" event, organized in collaboration with the Rotaract Club of Prestige, Gwalior on March 8, 2021, aimed to celebrate International Women's Day through artistic expression. The event provided a platform for students to express their appreciation for women's achievements and advocate for gender equality.

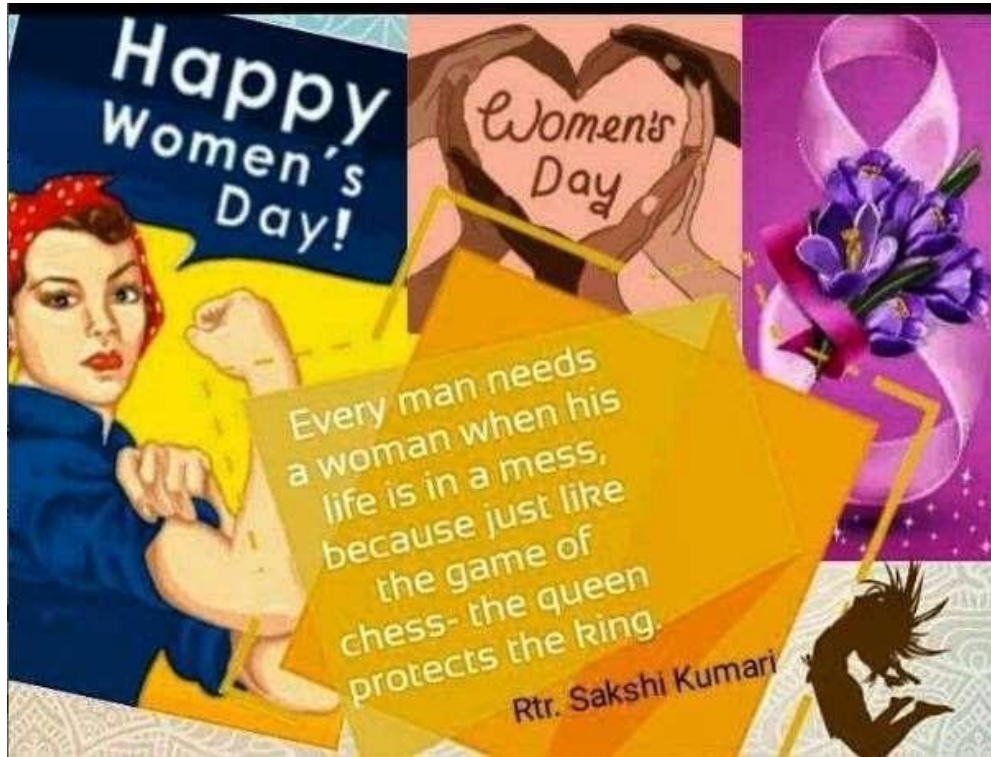
Objective: The primary objective of the event was to honor and celebrate the achievements of women while promoting gender equality and women's empowerment. In collaboration with the Rotaract Club of Prestige, Gwalior the activity sought to raise awareness and inspire action through the medium of poster making.

Event Highlights:

1. **Poster Creation:** Participants engaged in the creative process of designing posters that highlighted themes of women's empowerment, gender equality, and appreciation for women's contributions to society. The posters served as a visual representation of the participants' perspectives on the importance of Women's Day.
2. **Discussion and Reflection:** The Rotaract Club of Prestige, Gwalior facilitated discussions on the significance of International Women's Day, encouraging participants to reflect on the challenges faced by women and the role each individual can play in promoting a more inclusive and equal society.
3. **Poster Exhibition:** The posters created during the event were displayed in an exhibition, providing a platform for the broader community to appreciate the artistic expressions and messages conveyed by the participants. This exhibition aimed to further amplify the impact of the Women's Day celebration.

Conclusion: The event successfully celebrated International Women's Day by providing a creative space for participants to express their support for women's rights and gender equality. Through poster creation, discussions, and an exhibition, the event fostered a sense of empowerment and unity among the participants.

Event Photographs



Glimpses of Poster Making on protection of women rights



Glimpses of Poster Making on protection of women rights



Glimpses of Poster Making on protection of women rights



Glimpses of Poster Making on protection of women rights

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Vriksharopan

Collaborating agency: NCC

Date of Activity: 03.07.2020

Number of Students Participated: 22 students

About the Activity

The National Cadet Corps (NCC) at Prestige Institute of Management, Gwalior demonstrated its commitment to environmental conservation and patriotism by organizing a 'Viksharopan' activity under the Azadi Ka Amrit Mahotsav. In this impactful initiative, 22 NCC cadets actively participated in planting trees, contributing to the institution's efforts to enhance green cover and promote sustainability.

Additionally, the cadets played a crucial role in creating awareness about the significance of afforestation and environmental protection by designing and displaying informative posters. This dual approach not only aimed at physically contributing to the ecological well-being but also sought to educate and inspire others to join the cause. The NCC's engagement in the Viksharopan activity reflects its dedication to fostering a sense of environmental responsibility and actively participating in national celebrations such as the Azadi Ka Amrit Mahotsav.

Event Photographs



Glimpses of Vriksharopan



CDT-ANUMEHA DWIVEDI

INST-PIM GWALIOR

ROLL NO-MP20SWA231142

UNIT-3 MP GIRL BATTALION

NCC, GWALIOR

Glimpses of Vriksharopan



Glimpses of Vriksharopan



Reg no.
MP20SWA231143
Cdt: diya jain
institute : prestige
institute of management
Unit : 3MP girls battalion,
NCC

Glimpses of Vriksharopan

Report Submitted by:

Ms. Pooja Kaurav
Faculty Coordinator, NCC

Name of Activity: International Day of Yoga

Collaborating Agency: NCC

Date of Activity: 07.08.2020

Number of Students Participated: 25 students

Overview:

Prestige Institute of Management, Gwalior organized a rejuvenating Yoga session in collaboration with the NCC and in celebration of the International Day of Yoga. The event, held on August 7, 2020, witnessed enthusiastic participation from 25 students, creating a harmonious blend of physical well-being and national spirit.

Activity Details:

The Yoga session commenced with a brief introduction, emphasizing the significance of yoga in promoting physical, mental, and spiritual well-being. Trained instructors led the participants through a series of yoga postures and breathing exercises, promoting flexibility, stress relief, and overall health.

Collaboration with NCC:

The collaboration with NCC added a unique dimension to the event, aligning the session with the principles of discipline and holistic development instilled by the NCC. The participants, including NCC cadets, embraced the ancient practice of yoga as a means of fostering a healthy lifestyle and enhancing their overall fitness.

Celebrating International Day of Yoga:

The event was aligned with the International Day of Yoga, a global celebration recognizing the universal benefits of yoga for physical and mental well-being. Through this collaboration, Prestige Institute of Management, Gwalior aimed to contribute to the international movement promoting yoga as a holistic approach to health.

Impact and Participation:

The Yoga session witnessed active and enthusiastic participation from 25 students, creating a positive and energizing atmosphere. Participants expressed their appreciation for the event, highlighting the importance of incorporating yoga into their daily lives for stress management and maintaining a healthy lifestyle.

Conclusion:

The Yoga session, in collaboration with NCC and in celebration of the International Day of Yoga, successfully brought together students in a holistic pursuit of physical and mental well-being. The event not only promoted the ancient practice of yoga but also reinforced the values of discipline and unity fostered by the NCC. Institute remains committed to organizing such events that contribute to the overall development and well-being of its students.

Event Photographs



Glimpses of Yoga International Day



Glimpses of Yoga International Day

YOGA INTERNATIONAL DAY

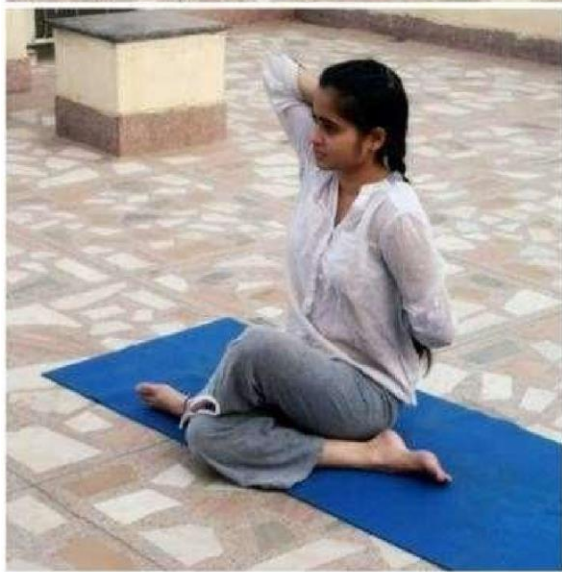
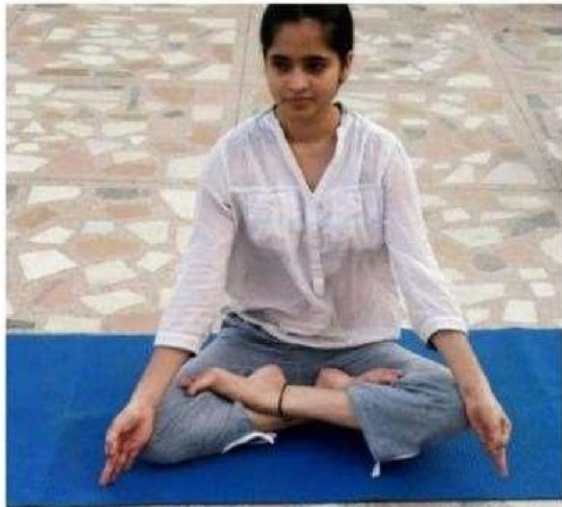


Cdt: Diksha pandey
Roll no:-MP20SWA231144
Unit:- 3MP GIRLS BN.
NCC GWALIOR

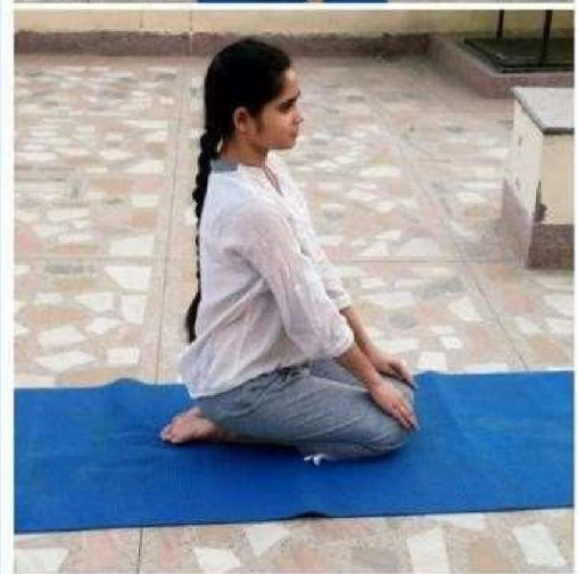
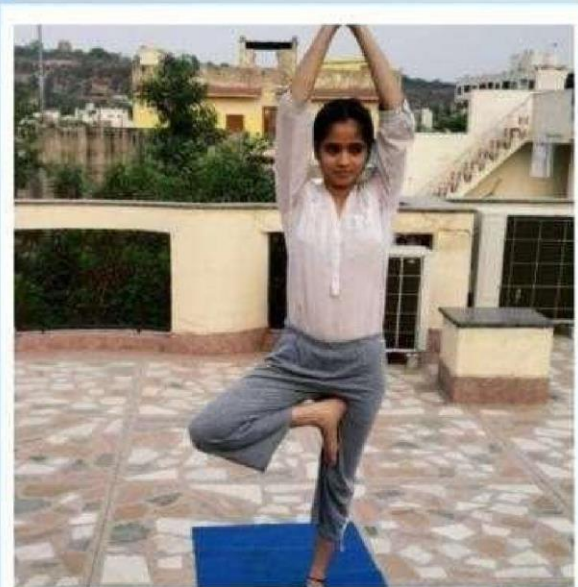
Glimpses of Yoga International Day



Glimpses of Yoga International Day



YOGA INTERNATIONAL DAY



**Roll No. -
MP20SWA231155
CADET
NIDHI JAISWAL**

Glimpses of Yoga International Day



Glimpses of Yoga International Day



Glimpses of Yoga International Day

Report Submitted by:

A handwritten signature in blue ink, appearing to read 'Pooja', is written over the printed name.

Ms. Pooja Kaurav
Faculty Coordinator, NCC

Name of Activity: Poster making on Beti bachao, Beti Padhao

Collaborating Agency: Beti Bachao, Beti Padhao

Date of Activity: 06. 01.2021

Number of Students Participated: 20 students

About the Activity

Prestige Institute of Management, Gwalior organized a dynamic event, "Make Some Slogans and Paintings," in collaboration with the Beti Bachao, Beti Padhao initiative. Held on January 6, 2021, the activity aimed to harness the creative talents of students while advocating for the empowerment and education of the girl child.

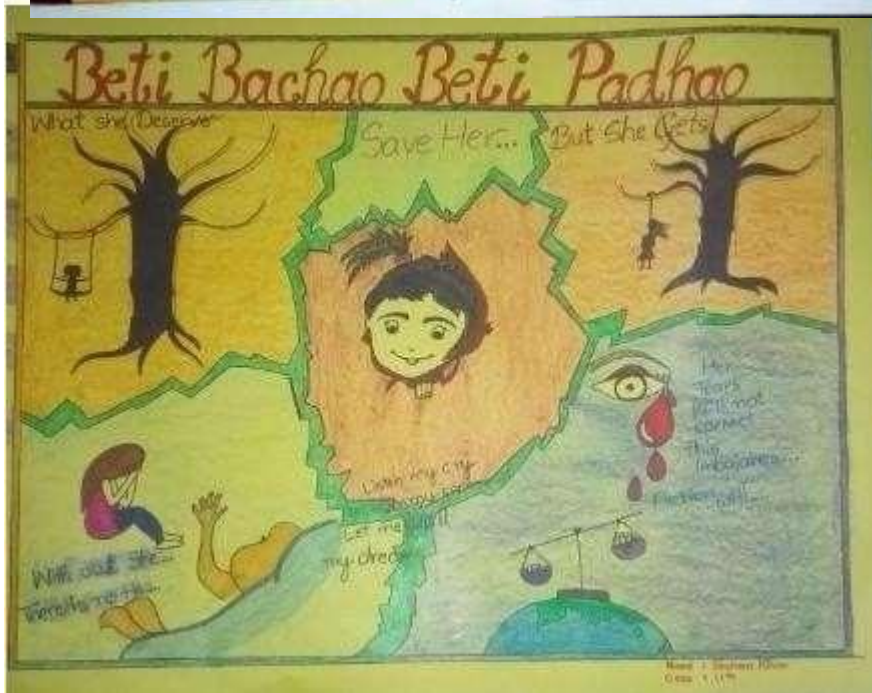
Activity Details: The event encouraged 20 enthusiastic students to express their thoughts and support for the Beti Bachao, Beti Padhao campaign through slogans and paintings. Participants were provided with canvases, paints, and other art supplies to bring their creative visions to life. The activity not only served as a platform for artistic expression but also fostered awareness and advocacy for gender equality and the importance of educating and empowering girls.

Collaboration with Beti Bachao, Beti Padhao: In collaboration with Beti Bachao, Beti Padhao, the activity aimed to contribute to the national movement for the welfare of the girl child. The slogans and paintings created during the event were inspired by the campaign's mission to raise awareness about the importance of saving and educating girls.

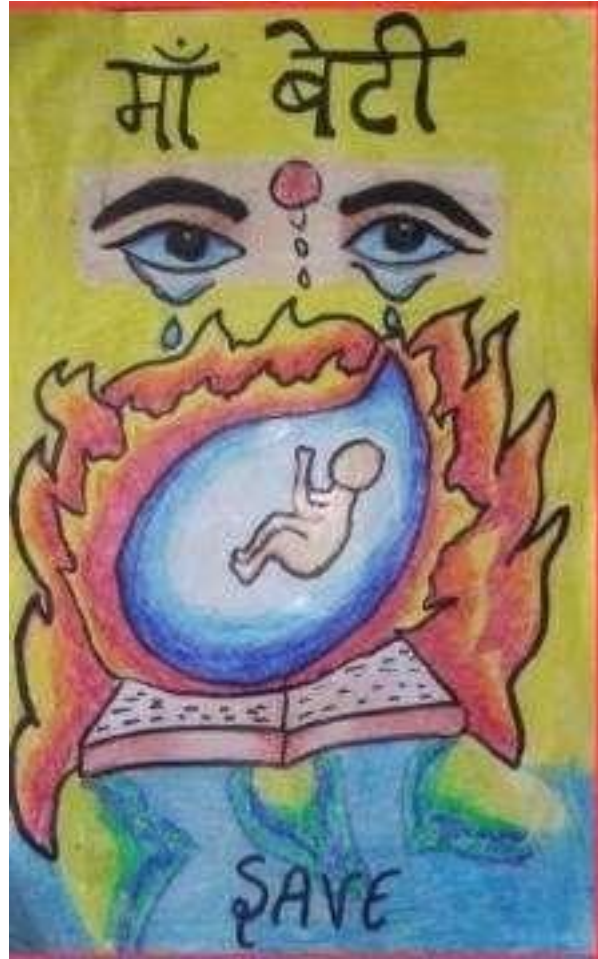
Impact and Creativity: The 20 students who participated demonstrated a high level of creativity and commitment to the cause. The slogans and paintings created during the activity were powerful expressions of support for gender equality and the need to invest in the education and empowerment of girls. The artwork served as a visually compelling medium to convey messages promoting the rights and dignity of the girl child.

Conclusion: The "Make Some Slogans and Paintings" activity, in collaboration with Beti Bachao, Beti Padhao, successfully blended creativity with social advocacy. The event not only provided a platform for artistic expression but also contributed to the broader national narrative on empowering and educating girls. Institute remains dedicated to organizing such events that not only showcase the creative talents of its students but also amplify important social messages.

Event Photographs



Glimpses of Poster making on Beti bachao, Beti Padhao



Glimpses of Poster making on Beti bachao, Beti Padhao

Report Submitted by:

Ms. Pooja Kaurav
Faculty Coordinator, NCC

<p>Name of Activity: Environmental awareness through Posters and Slogans</p>

Collaborating Agency: NCC

Date of Activity: 10. 02.2021

Number of Students Participated: 15 students

Objective:

The primary goal of the event was to raise environmental awareness among participants and the wider community through creative expression, utilizing posters and slogans to convey impactful messages about environmental conservation.

Poster Exhibition:

A vibrant display of thought-provoking posters adorned the venue, each addressing various environmental issues such as deforestation, pollution, climate change, and biodiversity loss. Participants demonstrated their artistic skills while conveying powerful messages to engage and educate the audience.

Slogan Contest:

The event featured a lively slogan contest, encouraging participants to encapsulate environmental consciousness in concise and memorable phrases. The competition sparked enthusiastic participation, fostering a sense of competition and camaraderie among attendees.

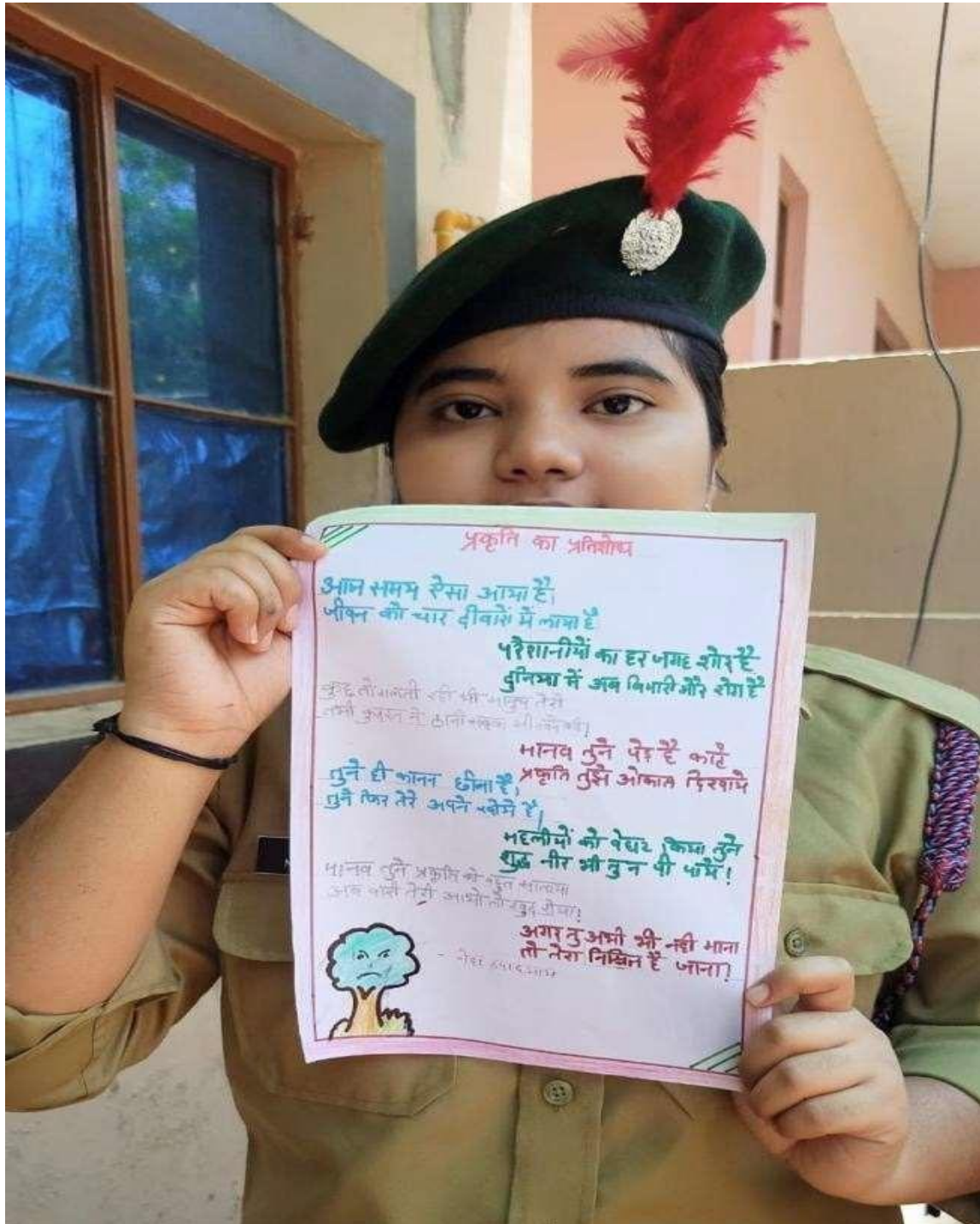
Future Implications:

The success of the event paved the way for future initiatives focused on environmental education and community engagement. The creativity and passion displayed by participants underscored the potential of art and expression as powerful tools for inspiring positive environmental action.

Conclusion:

"Environmental Awareness through Posters and Slogans" proved to be a dynamic and impactful event, fostering a heightened sense of responsibility towards the environment. By combining creativity with education, the event successfully raised awareness and inspired individuals to become advocates for sustainable practices in their communities.

Event Photographs



Glimpses of Environmental awareness through Posters and Slogans



Glimpses of Environmental awareness through Posters and Slogans

Report Submitted by:

Ms. Pooja Kaurav
Faculty Coordinator, NCC

Name of Activity: Swachhta abhiyaan

Collaborating Agency: NCC

Date of Activity: 22. 04.2021

Number of Students Participated: 20 students

Introduction:

On 22nd April 2021, a Swachhta Abhiyaan (Cleanliness Drive) was organized in collaboration with Swachhta Diwas. The initiative aimed to promote cleanliness, hygiene, and environmental awareness among the students.

Objective:

The primary objective of the activity was to instill a sense of responsibility towards maintaining a clean and green environment. Additionally, the event aimed to educate students about the importance of proper waste disposal and personal hygiene.

Activities Conducted:

1. Clean-up Drive: The students actively participated in a clean-up drive within the school premises and its surroundings. They were provided with necessary cleaning tools such as gloves, brooms, and trash bags.
2. Awareness Session: A brief awareness session was conducted to highlight the importance of cleanliness and its impact on overall well-being. The session covered topics such as waste segregation, recycling, and the role of individuals in maintaining a clean environment.
3. Poster Making Competition: To further engage the students creatively, a poster-making competition on the theme of cleanliness and environmental conservation was organized. This allowed students to express their understanding of the importance of a clean environment through art.

Results and Impact:

The Swachhta Abhiyaan saw active participation from 20 students who demonstrated enthusiasm and dedication throughout the activities. The clean-up drive resulted in a visibly cleaner and more organized school environment. The awareness session contributed to increased knowledge and consciousness among the students regarding their role in maintaining cleanliness.

Conclusion:

The Swachhta Abhiyaan conducted in collaboration with Swachhta Diwas on 22nd April 2021 was a successful initiative. It not only enhanced the physical cleanliness of the school premises but also contributed to the educational and awareness aspects of environmental conservation. The active participation of 20 students indicates a positive response to such initiatives, suggesting the potential for future collaborations and activities aimed at promoting cleanliness and environmental responsibility.

Event Photographs



Glimpses of Swachhta abhiyaan



Glimpses of Swachhta abhiyaan

Report Submitted by:

Handwritten signature of Ms. Pooja Kaurav.

Ms. Pooja Kaurav
Faculty Coordinator, NCC

Herbal Plantation “Arogya Vatika”

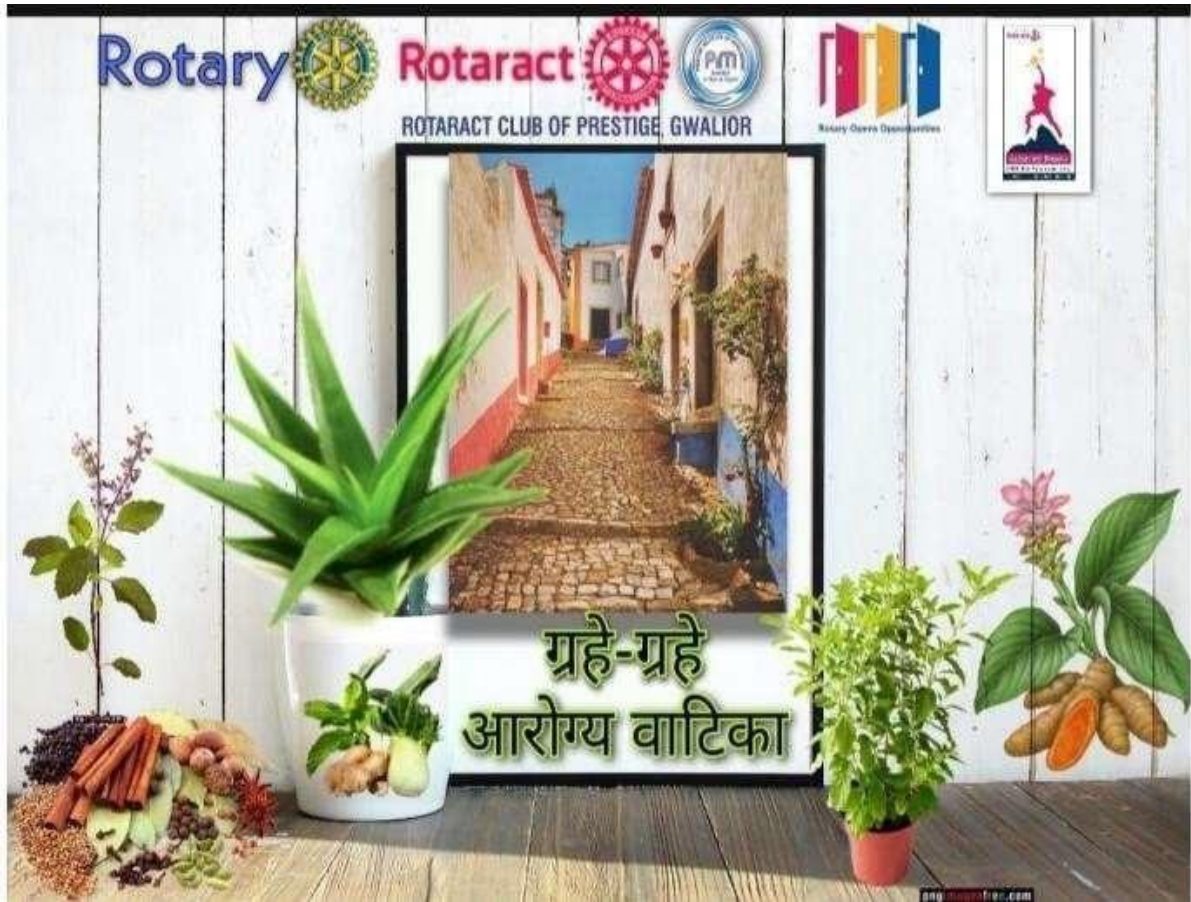
Date: 23/11/2020

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

No: of Students Participated: 40 students

About the activity:

The club has organized herbal plantation which is named as ‘Grahe Grahe Arogya Vatika’, which is also helpful in medical as well for future



Glimpses of Herbal Plantation “Arogya Vatika”



Glimpses of Herbal Plantation “Arogya Vatika”

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Chahak 2.0

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 10-06-2021

Number of Students Participated: 65 students

About the activity

The Rotaract Club of Prestige, Gwalior organized CHAHAK 2.0, a meaningful initiative representing our love for birds and our commitment to creating a conducive environment for their survival amidst the scorching heat. The event, held on 10-06-2021 aimed to address the challenges that birds face during hot weather conditions and to foster a sense of responsibility toward our feathered friends. In response to the rising temperatures and recognizing the adverse impact on bird life, the The Rotaract Club of Prestige, Gwalior took proactive measures to provide essential resources for their well-being.

Event Photographs



Glimpses of Chahak



Rotaract



ROTARACT CLUB OF PRESTIGE, GWALIOR

चहक! २.०

IT'S A HEAT WAVE. YOU'RE FEELING IT, AND SO ARE YOUR BIRDS.

Birds are expending a lot of energy during these hot summer days, and need to replenish daily with food and water.



YOU CAN ALSO JOIN US BY CONTRIBUTING FOR THE BIRDS

SEND US YOUR PICTURE WITH THE ARRANGEMENTS YOU MADE.

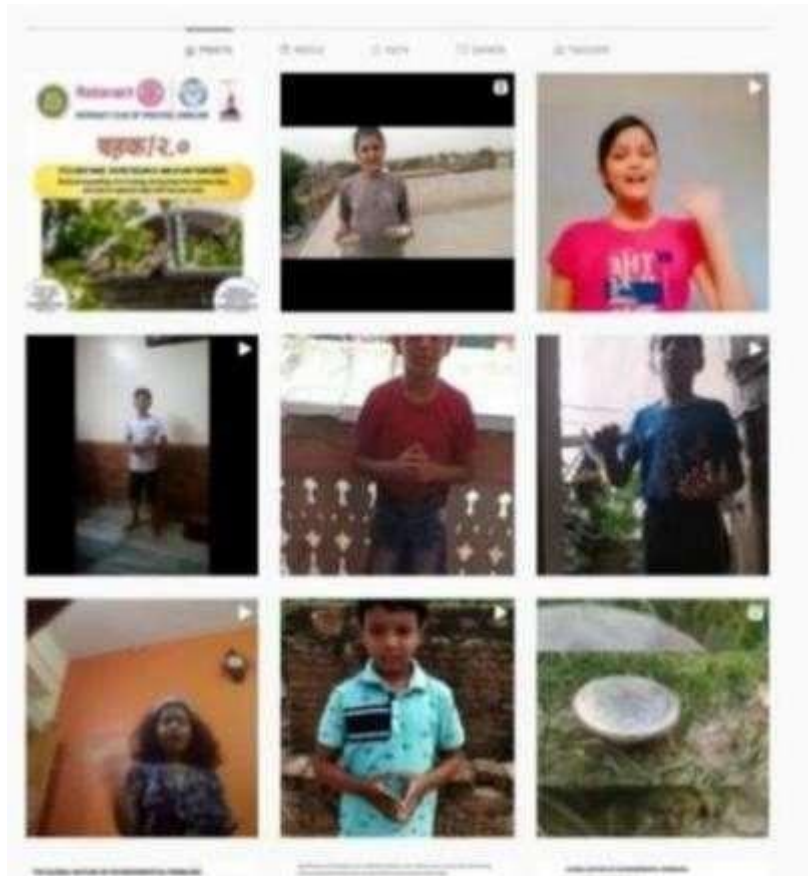
In Collaboration With



PDRR Abhay Dubey
Faculty Coordinator

Rtr. Shailja Singh
President

Event Poster



Glimpses of Chahak

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of activity: International Family Day

Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of event: 15-05-2021

No of students participated: 09

About the activity

The club has organized virtual blood relation quiz competition and board game in view of international family day

Event Photographs



Event Poster

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of activity: Prayas: Woollen cloth collection and Distribution Drive

Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of event: 13- 01-2021

No of students participated: 25

About the activity

The Rotaract Club of Prestige, Gwalior organized the 7th edition of the Woollen Cloth Collection and Distribution Drive, named "Prayas," on January 13, 2021. This event, a testament to the club's commitment to social welfare, witnessed the active participation of 25 students who dedicated their efforts to make a positive impact in the lives of those facing the biting cold of winter in slum areas.

Collection Drive:

The initiative began with a robust woollen cloth collection drive within the institute. Students, faculty, and staff actively contributed warm clothing items, emphasizing the collective responsibility towards the less privileged in the community. The overwhelming response showcased the institute's solidarity in addressing the challenges of winter.

Collaborative Efforts:

The Rotaract Club of PIMR worked in tandem with local NGOs, community leaders, and volunteers to ensure the success of the initiative. The collaborative efforts extended beyond the distribution phase, incorporating strategic planning, collection logistics, and community engagement.

Distribution Across Slum Areas:

"Prayas" ventured into multiple slum areas, meticulously identified to maximize the reach of the distribution drive. The Rotaract Club members, along with volunteers, carried out the distribution with a sense of empathy and dedication, ensuring that the warmth reached every corner of the communities.

Diversity in Woollen Clothes:

The drive not only focused on quantity but also on the quality and diversity of the distributed woollen clothes. Apart from blankets and shawls, the collection included sweaters, jackets, and other winter essentials. This comprehensive approach aimed to cater to the varied needs of individuals across different age groups.

Community Engagement and Awareness:

Beyond the distribution of woollen clothes, the initiative included community engagement activities and awareness campaigns. The Rotaract Club members conducted sessions on the importance of winter clothing, health and hygiene practices, and other relevant topics. These interactions aimed to empower the community with knowledge and skills to better navigate the winter season.

25 Dedicated Student Participants:

The heart of the initiative was the active involvement of 25 students from the institute. Their dedication, enthusiasm, and hands-on approach played a pivotal role in making "Prayas" a success. This event not only provided warmth to the recipients but also fostered a sense of social responsibility and empathy among the student participants.

Impact Assessment and Future Plans:

Post-distribution, the Rotaract Club conducted an impact assessment to gauge the effectiveness of "Prayas." The data collected will guide future endeavors, helping the club refine strategies and explore innovative ways to enhance the impact of similar initiatives in the future.

In conclusion, "Prayas: Woollen Cloth Collection and Distribution Drive" exemplified the power of collective effort and demonstrated the institute's commitment to making a positive impact on the lives of those in need, particularly during the challenging winter months. The collaborative spirit, community engagement, and the active involvement of 25 students showcased the Rotaract Club of PIMR, Gwalior, as a beacon of social responsibility and empathy within the community.

Event Photographs

Rotaract | Rotary International | Rotaract Club of Prestige Gwalior

ROTARACT CLUB OF PRESTIGE GWALIOR
is organizing

7TH WOOLLEN CLOTHES COLLECTION & DONATION DRIVE
1-15 DECEMBER, 2020

PRAYAS

KINDLY DROP YOUR WOOLLEN CLOTHES IN THE DROP BOX PLACED NEAR BY REGISTRATION COUNTER NEW BUILDING

FOR DONATION PLEASE CONTACT

President Shailja Singh # 94252-41128	Vice President Aami Bhattacharya # 93022-73242	Secretary Priyanshu Goyal # 81796-9666	Joint Secretary Hrishabh Jain # 81086-83012	Treasurer Kanchan Dhill # 78781-7487	Club Advisor Nishi Sharma # 88154-25018
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COORDINATORS
Rtr. Deepti Jain | Rtr. Mahika Sapalok | Rtr. Iba Quereshi | Rtr. Mahima Kushwah
Rtr. Uma Bharti Mathur | Rtr. Sakshi Agrawal | Rtr. Somya Sharma | Rtr. Shristi Choudhary

Prayas: Poster



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas



Glimpses of Prayas

Report Submitted by:

Handwritten signature of Mr. Abhay Dubey in blue ink.

Mr. Abhay Dubey
Faculty Coordinator

Name of activity: Sahyog: Stationary Distribution Drive

Collaborating agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of event: 27- 01-2021

No of students participated: 30

About the activity

The Rotaract Club of Prestige, Gwalior, took pride in organizing "Sahyog," a Stationery Distribution Drive, on January 27, 2021. This initiative, executed in collaboration with the Rotaract Club, aimed to bridge educational gaps and foster a culture of learning by providing stationery to children in slum areas.

Participation and Enthusiasm:

The event witnessed the active participation of 30 students from the Rotaract Club of Prestige, Gwalior. Their enthusiasm and commitment to the cause played a crucial role in making "Sahyog" a meaningful and impactful endeavor.

Stationery Donation Drive:

"Sahyog" began with a stationery donation drive within the institute, where students and staff contributed various school supplies. Notebooks, pencils, erasers, and other essential items poured in, showcasing the community's collective commitment to supporting education in underprivileged communities.

Collaborative Efforts:

To ensure the success of the initiative, the Rotaract Club collaborated with local organizations, slum leaders, and volunteers. This collaborative effort facilitated seamless planning, effective execution, and broadened the reach of the stationery distribution drive.

Distribution in Slum Areas:

The culmination of "Sahyog" involved the distribution of the collected stationery in slum areas, specifically targeting children who often lack access to basic educational resources. The Rotaract Club members, along with volunteers, personally handed out the stationery to the eager and grateful recipients.

Empowering through Education:

Beyond the distribution of stationery, the initiative aimed to empower children through education. The Rotaract Club organized small interactive sessions, encouraging the recipients to value education and fostering a love for learning. These sessions aimed to ignite curiosity and enthusiasm among the young minds.

Impact on the Community:

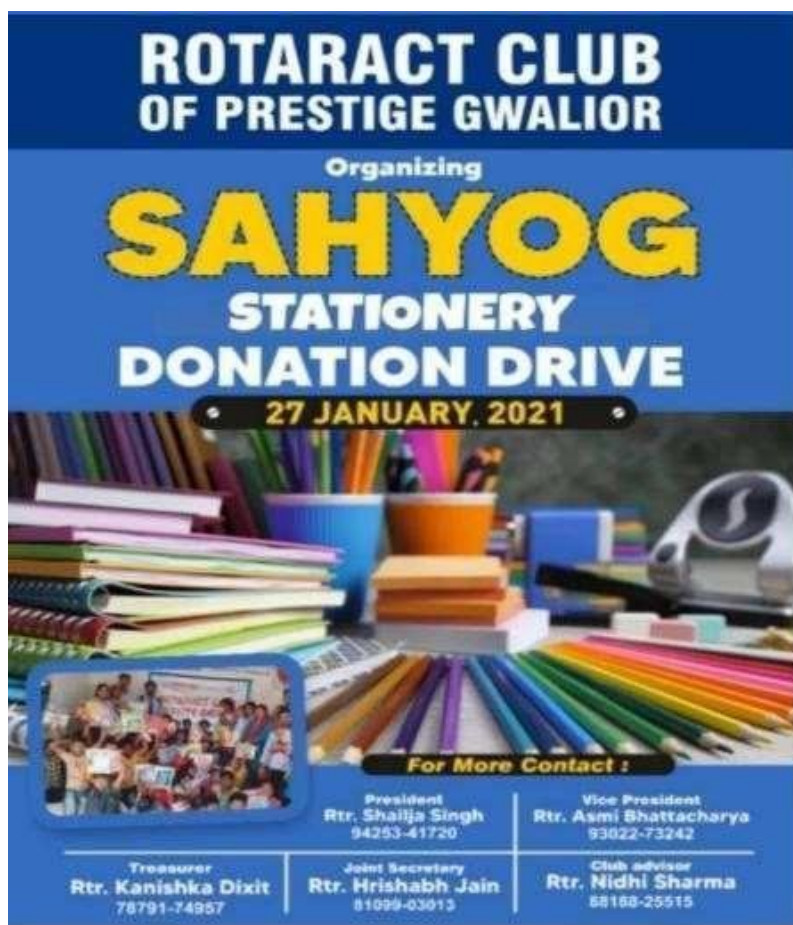
The impact of "Sahyog" extended beyond the immediate distribution of stationery. The initiative contributed to breaking barriers to education in slum areas, emphasizing the Rotaract Club's commitment to promoting literacy and creating opportunities for a brighter future.

Future Endeavors and Sustainability:

"Sahyog" laid the foundation for future endeavors by the Rotaract Club of Prestige, Gwalior. The club aims to sustain this initiative and explore additional avenues for supporting education in underprivileged communities, ensuring a continuous positive impact.

In conclusion, "Sahyog: Stationery Distribution Drive" showcased the Rotaract Club of Prestige, Gwalior, as a catalyst for positive change in the community. The collaboration, dedication of 30 student participants, and the focus on education underscored the club's commitment to making a meaningful contribution to the lives of those in need, particularly in the realm of education.

Event Photographs



Event Poster



Glimpses of Sahyog



Glimpses of Sahyog



Glimpses of Sahyog

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator